



**Striploin**  
(grill, pan fry, roast)

**Cube Roll**  
(grill, roast)

**Cheek**  
(braise)

**Outside / Topside**  
Eye Round (braise, grill, corn, thin slice, roast)  
Outside Flat (braise, corn, roast, grill)  
Topside (roast, thin slice)

**Rump**  
(grill, stir fry, pan fry, roast, braise, thin slice)

**Neck**  
(braise)

**Chuck Roll**  
(slow cook, braise, thin slice, stir fry, grill)

**Tenderloin**  
(grill, pan fry)

**Clod**  
Chuck Tender (braise, grill, pan fry, roast)  
Bolar Blade (grill, roast, slow cook, stir fry, thin slice)  
Oyster Blade (grill, roast, braise, stir fry, thin slice)

**Knuckle**  
(roast, thin slice, slow cook, stir fry)

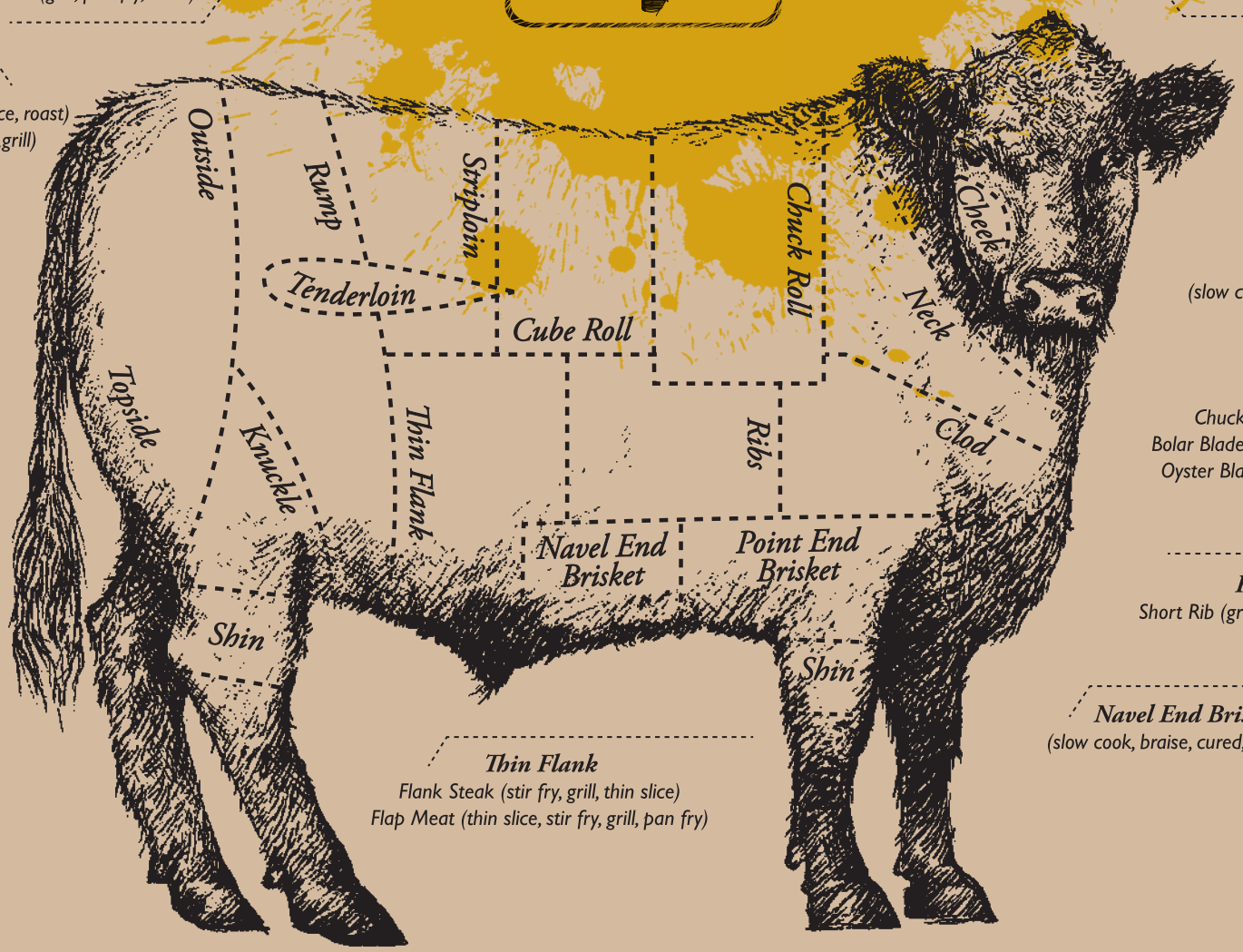
**Ribs**  
Short Rib (grill, pan fry, roast)

**Shin**  
(braise)

**Navel End Brisket**  
(slow cook, braise, cured, thin slice)

**Thin Flank**  
Flank Steak (stir fry, grill, thin slice)  
Flap Meat (thin slice, stir fry, grill, pan fry)

**Point End Brisket**  
(slow cook, thin slice, braise)



Marble score 3+ pure black angus

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The Marbled Beef by **RANGERS VALLEY**